

«FEW THINGS
ARE NEEDED —
INDEED ONLY ONE»



The protagonists of this Gospel passage are



MARTHA and MARY.

The dialogue with Jesus describes their friendship.



Both of them welcome Jesus who is passing by, **but they do it in a differently.**



Mary places herself at Jesus' feet, listening, instead Martha let's herself be taken by things to prepare in order to serve him.



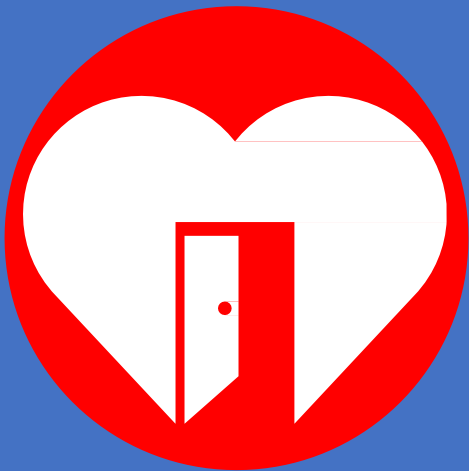
Therefore, there are two ways of LOVING:

1_LOVE GOD; listening to his words.

2_LOVE OUR NEIGHBOUR; start serving.

These ways **are not opposed, but are complimentary** because Love is one.





Make space for the other in my heart.

The Gospel excerpt we are meditating upon invites us to **welcome others not only in our homes, with concrete gestures, but in our lives too, making space for them in our heart.**



This is possible because of a strong **friendship with Jesus which brings about the will to live** and take his love and kindness towards others.





The word like a seed.

By accepting the words of the Gospel, we will let them bring about a transformation in us.



And not only. If we remain faithful to the Gospel words, keeping them in our heart and putting them into practice, they will shape our life, making it extraordinary and beautiful, just like the earth keeps the seed in its bosom so that it may sprout and bear delicious fruit.



WoL



I can use my time well.



Do you go through what I often do?
Having so many things to do and **not being able to differentiate between what is urgent and what is essential.**



What I've learnt from this Word of Life is that the real attitude of those who want to follow Jesus, is to stand in front of him without thinking too much of the things to do, to say or to give. Because "indeed only one" thing is necessary.





Prayer and action are deeply united

"A prayer that does not lead you to practical action for your neighbour — the poor, the sick, those in need of help, a neighbour in difficulty — is a sterile and incomplete prayer. But, in the same way, when ..." we are "attentive only to doing, things gain in importance, functions, structures, and we forget the centrality of Christ. When time is not set aside for dialogue with him in prayer, we risk serving ourselves and not God present in our needy brother and sister.»

Pope Francis / Angelus, 21 July / 2013



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**«Few things
are needed -
indeed only
one»**

(Lk 10:42).



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