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**«You are my Lord,
I have no good
apart from you.»**



Psalm 16:2



«*What does this sentence mean?*»



«*It's part of a **PRAYER**.
We can also say it like this:*

***'You, Lord,
are my only good.'***



«*When I say this often during the day,
it helps me to **TRUST IN GOD**
and discover that he's my **BEST FRIEND!***»



«*Having this special relationship with him
makes me realize how much he **LOVES** me.
In fact, he loves us all **IMMENSELY!***»



«*How can you tell if he's close to you?*»



«By saying this prayer you will feel that he is **REALLY THERE WITH YOU!** God loves you and understands everything about you and me, and not only, he understands everything in the **UNIVERSE!**»



«But I often get discouraged thinking about how often I fail.»



«In my experience, God tells me not to get stuck looking at the past, because he has already covered it over with his great **MERCY.**»



«I agree! He tells us to live the present moment well.»





***«Being with him we find the strength
to trust him and face all the difficulties
we find along our way.»***

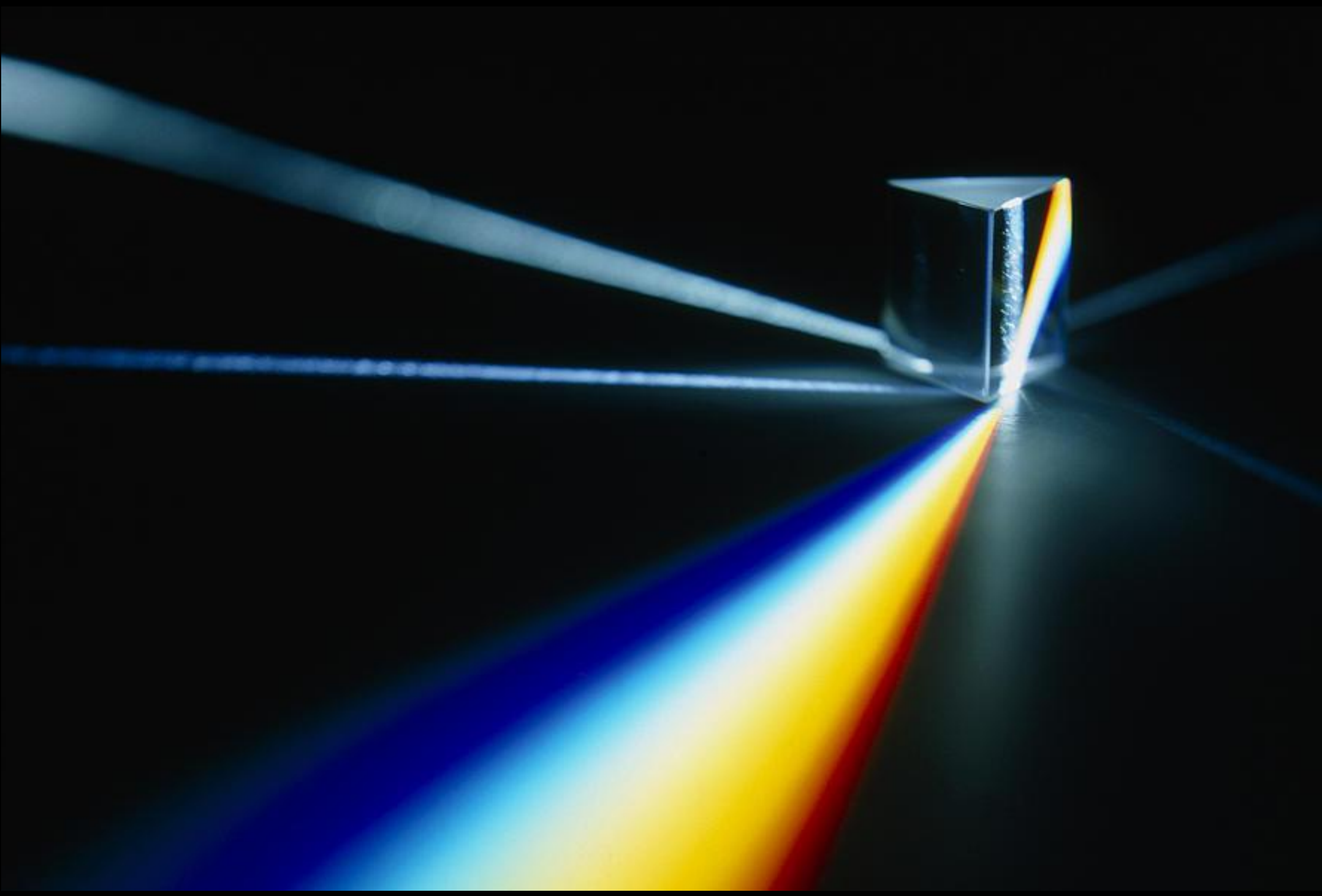


***«Let's always look up!
Beyond the painful moments
we will find hope and peace.»***





*«Seeing things like this,
we can **declare our love** to him
and spread peace and serenity
to everyone around us.»*





«***But concretely – what should I do?»***»



«***Be convinced that he loves you
and then practice
LOVING EVERYONE without exception
and being open to DIVERSITY.»***»



«***That's how we cure our self-centeredness
and our tendency to stay closed
inside our own group, without accepting others.»***»



«***We will experience a very special joy
that only God can give us.»***»



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