

Recognize Jesus in your sufferings



"Stay with us
because it is
almost evening"

(Lk 24:29)

Wouldn't we all like
to meet someone
who deeply
understands us and
never leaves us
alone when we have
a problem?

After Jesus died, two of the
disciples were very sad and
discouraged, but then, on the road
towards the town of Emmaus,
they met a stranger who gave
them back hope.

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While they were eating with him, they
recognized who it was! It was Jesus! He had
risen from the dead and was with them!

**They immediately changed
their plans and went back to
look for the other disciples
and tell them this great
news!**

We can get disillusioned, too,
or discouraged by all the
injustice and evil there is in
the world.



And yet Jesus walks with us
and he knows very well
how we feel because he
suffered the same thing on
the cross.

Let's try to recognize Jesus in
every suffering and then let's do
something concrete to show
everyone that God's love can
overcome every obstacle.

Adapted by the Gen 3 Center with the help of Mattia (16 yrs) from Italy.

What hurts me is....



When I am rejected by my
friends and feel lonely and
even abandoned.

Did Jesus ever feel the
same thing?



Yes, when he was on the cross,
everyone made fun of him and
he felt all alone, abandoned by
everyone, even his Father.

On this side, I write the things that make me suffer...

...on this side I try to see if Jesus ever felt that way.