

WoL

WORD OF LIFE

Mt 25:40

«Just as you did it to one of the least of these who are members of my family, you did it to me.»

No one can be left out. If an elderly or sick person is Jesus, how can we not give them what they need? If I teach an immigrant child to speak my language, I am teaching Jesus.

IN GIVING WE RECEIVE

If I help my mom to clean the house, I am helping Jesus. If I console someone who is in pain or if I forgive someone who hurt me, I am doing it for Jesus. Every time I do an act of love, not only do I make the other person happy, but I too am full of joy. **In giving we receive and experience inner peace. We are happy because, even though we might not realize it, we meet Jesus in the other person.**

TO LOVE WITHOUT DISCRIMINATING

“If Jesus is present in everyone in some way, then we cannot make distinctions or discriminate against anyone. We can’t have any preferences. We cannot love only some people and not others.

“We can no longer classify people as a fellow citizen or a foreigner, as young or old, ugly or pretty, nice or nasty.

OUR NEIGHBOR IS OUR PATH TO GOD

“It is **Jesus** who lives in each one of them. Every neighbor, every person we meet is «another Jesus» to be loved.

“Living like this we realize that our neighbor is our path to God. In fact, every person is like an archway that we have to pass under **in order to reach God.**”

(taken from a meditation by Chiara Lubich)

Cut and fold



OUR EXPERIENCES



It's our Life

COLOMBE (Ivory Coast)

THE JOY OF GIVING

I was walking along the street with a friend of mine. At a certain point we passed a lady carrying a big, heavy basket on her head as well as two bags of groceries in her arms. She also had her baby tied on her back.

I was thinking that the baby might be hungry but the mother could not feed him because she was carrying so many things. I asked if I could help her and she was very grateful and happy.

My friend asked me why I was helping her (she thought I knew her). I answered that I had never seen her before, but that I did it for Jesus.

Have you ever had an experience like this?



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