

Hello!! We are a group of teens living in Hong Kong.

I'm Vicky ... a few months ago we started a social project in our community. Every Sunday we go to a parish and help the children, who are living in underprivileged situations, with their schoolwork.

Hello, I'm Eletto ... since I started helping in this service project, I feel that my relationship with God has grown stronger, because in this way I have the opportunity to love others concretely.

Through these acts of love, I have experienced the truth of the Gospel sentence when Jesus said: "Whatever you did to the least of my brothers, you did it to me." (Mt 25:40)

Every time after helping the children in this parish, I feel such joy and peace within me – it's something I can't describe. I'm very happy to build this relationship with them and also help them to improve in school. We have become good friends. That's my experience! Bye for now!



>> A Great Gift!

WORD OF LIFE

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Jn 6:35

«I AM THE BREAD OF LIFE. WHOEVER COMES TO ME WILL NEVER BE HUNGRY, AND WHOEVER BELIEVES IN ME WILL NEVER BE THIRSTY.»



A 'BREAD'

THAT HAS THE POWER

TO TRANSFORM US

INTO... LOVE

After the multiplication of the loaves, Jesus said: "Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you."

JESUS OFFERS HIMSELF AS THE TRUE "BREAD THAT COMES DOWN FROM HEAVEN," WHICH HAS TO BE ACCEPTED THROUGH FAITH.



THIS IS JESUS' GREATEST GIFT TO HUMANITY! THIS INTIMATE UNION WITH HIM PRESENT IN THE EUCHARIST SATISFIES OUR BODY AND SOUL AND GIVES US THE FULLNESS OF JOY.



THE LIFE OF THE CHRISTIAN COMMUNITY, THANKS TO THE EUCHARIST, BECOMES THE LIFE OF JESUS — A LIFE CAPABLE OF GIVING LOVE, THE LIFE OF GOD, TO OTHERS.

THIS IS LOVE: MAKING OURSELVES ONE IN A WAY THAT MAKES OTHERS FEEL NOURISHED BY OUR LOVE, SO THEY FEEL COMFORTED, UPLIFTED, UNDERSTOOD.

EVERY TIME I AM ABLE TO LOVE IN THIS WAY I WILL COLOR A 'LOAF OF BREAD' ...

