

«Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you» (Jn 6:27).

“When we are determined to live the words of Jesus, and especially his **commandment to love others**, which sums up all the words of God and all his commandments, we begin to notice that, at least in some small way, **Jesus is the “bread” of our lives. He is the one who fulfills every desire we have in our hearts, he is the source of our joy, of our light.**

(Chiara - from Word of Life of August 1985)

Mazen from Jordan tells his experience:

Accept His game...

I was at home these days and didn't have much to do, so I started playing games on the computer.

My family was ready to go to Mass and they asked me to go with them.

I immediately answered that I didn't want to go, because I was doing "something else."

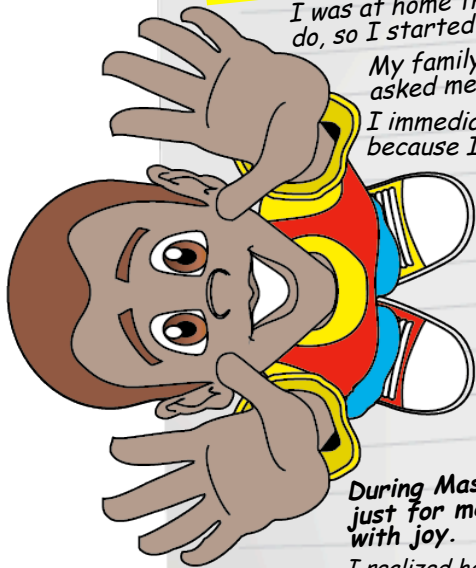
As soon as I told them I wasn't going, I felt the voice in my heart telling me:

"Leave your game, because I want you to come to my house!"

It seems a little strange, but I immediately obeyed his voice and leaving my game, I went to Mass with my parents.

During Mass I felt that the Gospel was just for me, and that filled my heart with joy.

I realized how important it is to listen to His voice, because sometimes God wants to tell us something, but it depends on us to be open and ready to listen to him.



A question for Chiara

"In today's society where even children are subjected to the negative influence of consumerism and immorality, what can we Gen 3 do to eliminate this sad reality?"

You find yourselves immersed in a world full of consumerism and materialism, a society that seeks pleasure and rejects God and religion. That's why we should take a look at the **first Christians**. They found themselves in a world very much like ours. People lived immoral and often very bad lives, or were interested only in material goods.

What did they do?

Did they start immediately to fight against these things that are wrong?

No, the early Christians didn't do this right away. It was later on that the bishops fought against these errors, and so did the theologians. **What the first Christians did, first of all, was to live their great ideal: they began to love one another.** So much so that people said: **"Look at how they love one another, each one is ready to die for the other".**

In this way they multiplied in numbers, and invaded the whole world at that time.

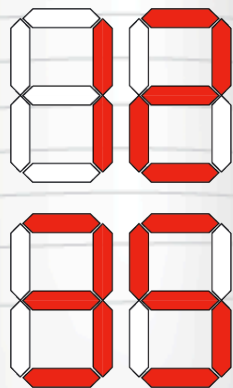
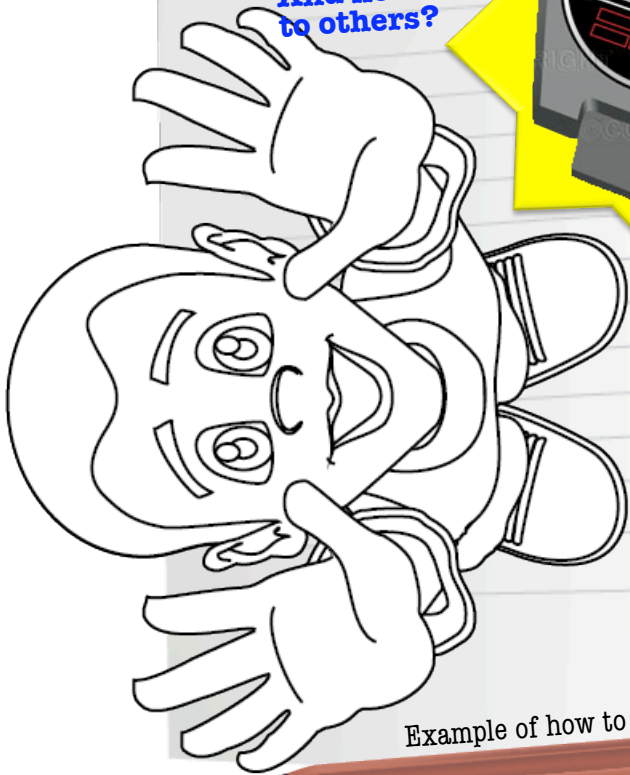
We have to do what they did. We shouldn't right away think that we have to fight against these evils. **Instead we have to bring ahead our revolution of love, loving one another and multiplying our numbers.**

” Chiara

In Action

How many times has it happened to you that you let yourself be taken up with “**other things to do**”, and forget that those who are closest to you are asking for help. They might be our family members, or the lady next door, or someone at school...

**How much time do we dedicate to ourselves?
And how much to others?**



Example of how to mark down the minutes

Mark down the hours during the week that you...

...use the computer

...dedicate to sport

...dedicate to other people

00	00	00
00	00	00
00	00	00
00	00	00
00	00	00
00	00	00

Then add them up.

In Action...