



### I managed to forgive him!

When my parents separated, I suffered a lot because I couldn't manage to forgive my dad for leaving us.

**He had another family and at the beginning I didn't even want to talk to him. But the words of the Gospel about forgiving your enemy kept bothering me.**

I asked Jesus to help me take this big step. I felt helped by all the love of my friends who live the Ideal with me.

**When Father's Day came around, I thought that my gift could be to tell him that I forgive him for what he did.**



He was really moved by this and told me that his children were his most precious possession. From that day on, our relationship changed. It seemed like my heart had opened up to him.

**One day he told me on the phone that he was very lonely, so I took the opportunity to tell him that I had discovered that God loves me immensely.**

He was at peace when we hung up, and said he would come to see me so that we could talk more about this.



**Living in this situation isn't easy at all, but I understood that everyone can make mistakes and that they need the chance to start over again.** *From Brazil*

You can cut and fold here, you'll get a book mark.

### CODE OF LIFE

«Whoever loves me will keep my word, and my Father will love him, and we will come to him and make our dwelling with him» (John 14:23)

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With this answer, Jesus tells us clearly *how* he will remain after his death in the midst of his followers, and he also explains how we can be in contact with him.

**What is the way to find this deep friendship with Jesus?**

**By loving him!**

*But not just with feelings or nice sentiments! We have to love him in concrete ways, by living his words.*

*And then God responds to our efforts by coming to live in our hearts.*

**What are the words that a Christian is asked to observe?**

*In John's Gospel "my words" is often synonymous with "my commandments."*

*So a Christian is asked to live the commandments of Jesus, but this doesn't mean a whole list of rules.*

**We have to remember that all the commandments are summed up in just one commandment, "Love one another." Jesus showed us what he means by washing the feet of his disciples.**



*Therefore, each one of us has to be ready to love others by giving ourselves completely for them, all the way to the end, just as Jesus did.*

**So how can we live this Word of Life well?**

*By living mutual love with our whole heart, always persevering and being totally committed to it.*

**Doing this, all the virtues will grow in us and we will become saints.**



*Sometimes our relationships in our family, with friends or at school are damaged because of some misunderstanding...*

**LET'S BE THE ONES TO TAKE THE FIRST STEP SAYING WE ARE SORRY FOR WHAT HAPPENED AND STARTING OVER AGAIN. WE WILL FEEL GREAT JOY!**

I'm sorry!

I'm happy!

I'm sorry!

I'm happy!

