

«Beloved, do not
grumble against one
another.» (James 5:9)

4

2013

This month we'll have a lot of opportunities to live this Word of Life well. For instance, at home, in the classroom, or with teammates, instead of complaining (as we are often tempted to do), **let's train ourselves to forgive others, and to be patient and understanding.**

As much as possible, we can even help others by pointing out to them a few things where they could improve. If we love them in this way, we'll show them what it means to be a Christian. So during the month, let's try to respond to any lack of love by making a greater effort ourselves, or when we see that others fail to live up to their commitments, including those close to us, let's treat them with even greater love.

From a commentary by Chiara Lubich
Adapted by the Gen 3 Center

iBrother

We lost a match, but... I won!

Last Sunday, we were playing a volleyball game against a team from another city. **We were convinced we would win, but instead we only managed to win one set.** After the game one of the girls started to yell at me - according to her, we had lost the match because I had missed some balls.

She was furious.

I replied, "We all have good days and bad days."

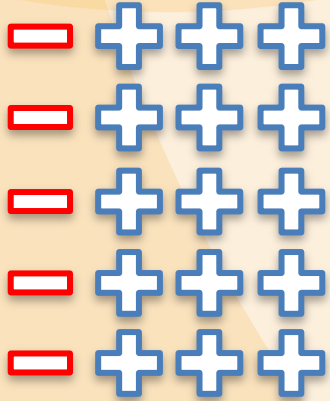
She walked away without saying anything. **I was convinced that God would help me resolve this.**

The next time we saw each other, I apologized to her, and promised to do my very best in our next volleyball match and she hugged me
Nadia, Netherlands



In Action...

Where there is **LESS LOVE**
I will try to **ADD LOVE**



Whenever I feel some lack of love, from me or others, I will try to do 3 acts of love towards someone.

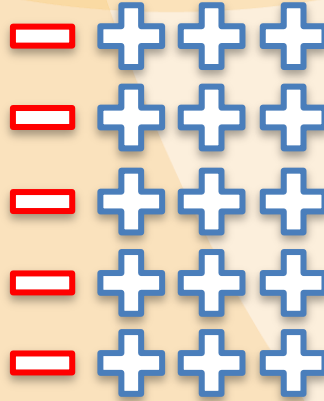
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My notes...



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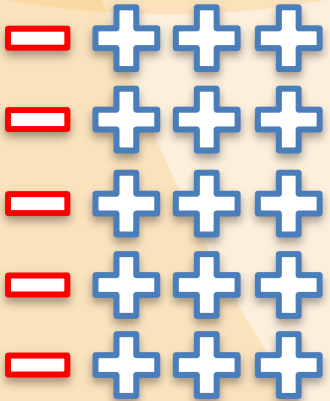
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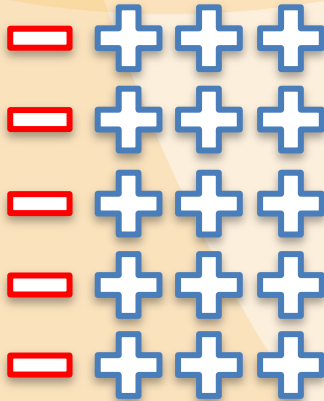
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You can cut these notes and give a copy to some friends who will be interested in sharing your commitment:
TO ADD MORE LOVE