



## WORD OF LIFE

Often we do things to help people in need and it makes us feel very good. Of course we don't do it for that reason, but rather to make others happy. We want to be of service to others, and not just be selfish or think only of ourselves.

Last fall we heard about a very poor woman who was expecting her seventh baby. We decided to visit her to see what she needed.

**She really needed a lot!** There were two broken windows in her house, the front door wouldn't close, and it was almost winter!



Cut and fold here to obtain a bookmark.

The family didn't even have a heater, nor a stove to cook on. One of the youth remembered that there was an old stove at his house that no one used, and since his parents agreed, we took it to this family.



**We organized a bake sale, making the cakes and cookies ourselves, and our mothers helped, too. With the money we raised, we were able to get the two windows and the front door fixed, and also to buy a small wood-burning heater.**

After doing all this, we really felt happy! This convinced us once more that what the Gospel says is really true. We had given, but we received a lot more – great joy in our hearts!

**Doors open...  
...to joy!**

The Young for Unity from Sofia, Bulgaria



## RULE OF LIFE 3

«Master, to whom shall we go? You have the words of eternal life.» (Jn 6:68)



The words of Jesus have a wealth and depth that other words do not have. They contain, express and communicate the fullness of the life that lasts forever, because it is the life of God himself. Even though Jesus spoke in the past, his words are not just a simple memory, but words that he directs today to each one of us and to everyone who ever lived, anywhere in the world, of any culture or nation. **His are universal words, meant for everyone.**



We are asked to live these words even when they sound hard to do, like: **love your neighbor, forgive others, put yourself at the service of others, pray for your enemies.**

**They are lived, his words give us peace, even in moments when we feel confused or afraid. They give us courage, even when we are tired or suffering.**

Hi, my name is Carlo. I got hurt during a game, but even though it wasn't easy, I was able to forgive the player on the other team who did it. I felt full of happiness... and I gained a new friend!

Living one sentence of Jesus, **we live the whole Gospel**, because Jesus gives us his whole self in each Word. **He himself comes to live in us.** It's like a drop of divine wisdom from the Risen Lord that slowly sinks in and replaces our way of thinking, choosing and acting in all the circumstance of our lives.



## IN ACTION

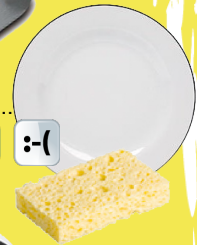
Mark down how you live the various parts of your day...

AT SCHOOL... :-) :-| :-(



AT HOME...

:-) :-| :-(



IN SPORTS AND WITH FRIENDS

:-) :-| :-(

HOMEWORK...

:-) :-| :-(



FREE TIME...

:-) :-| :-(

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