

# COUNSEL THE DOUBTFUL

«Listen to his voice» (Ps 95:7)

1

This **Psalm** reminds us that we are the People of God and so he wants to guide us. He knows what we should do in order to live a full life and to become what we should be. With all his love he suggests what we should do and what we should not do. He shows us the way to follow.

**God speaks to us like a friend.**

2

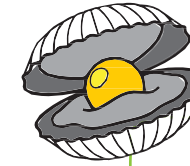
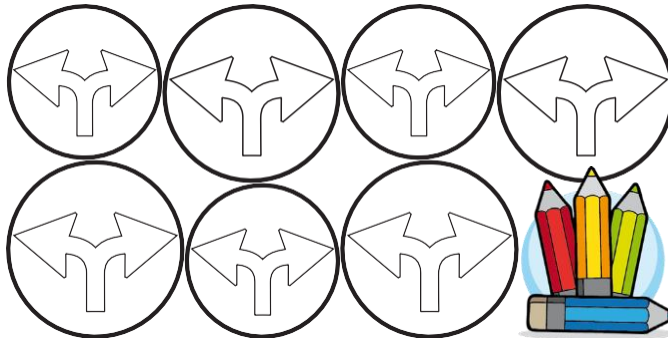
What should we do when God speaks in our heart?

We only have to listen to his words!  
It's like **letting him take our hand and guide us along the way. We can trust him. A Christian is a person guided by the Holy Spirit.**

But it's not always easy to distinguish which is his voice. Sometimes it's not because we don't want to listen, but **there are so many other voices in our heart and head that it's easy to get confused.** We might think that our own opinion or desires are the voice of the Holy Spirit in us.



Every time I give someone **good advice** I will color in one circle:



How can I understand which is the voice of God?

3

I have to silence everything in me and then I will discover his voice. It's like finding a pearl inside the oyster! You take it out, polish it and show it off like a precious treasure. Then you will be able to guide other people too, because **that soft voice of God that comes from the depth of your soul is wisdom, it's love, and love has to be given.**

How can I understand what his voice suggests that I do?

- \* By reading the Gospel and putting it into practice, so that you can develop a Gospel mentality.
- \* By praying
- \* By saying "no" to being selfish
- \* By loving the person next to you
- \* By accepting trials and difficulties that come your way
- \* By living mutual love

4

Then your life will be lived between two fires: **the fire of God in you and the fire of God in our midst. This «divine fire» forms us and trains us to listen to Jesus and follow him.**