



LET'S EAT TOGETHER!

"I WAS HUNGRY AND YOU GAVE ME SOMETHING TO EAT"

THE WORKS OF MERCY PUT OUR HEARTS INTO ACTION



listen

Share everything you have, keeping for yourself only what you really need. This is that the Gospel teaches us. We can have an experience of sharing with others by doing little things, like sharing our snack, giving something we really like to a person who is poor, not wasting our food...



read

Jesus multiplied the bread because of the generosity of a young boy who took the first step and gave whatever he had. His gesture made it possible for the whole crowd to have food.

Find a moment to read the whole story in John 6:1-15.



We asked Luigino:

How can we eliminate poverty in the world?

"I believe that poverty will be eliminated if those who are rich change their lifestyle. We can't possibly have a world in which no one is poor unless the people who are rich become less rich.

It's the only way. As long as the world keeps going as it is, and people don't give to others in need, or don't risk putting their money at the service of others, the problem of poverty will never be resolved.

There was a very nice slogan some years ago that I would like to propose to you:

***"To combat hunger, change your lifestyle!"** This means that if you don't change your way of life, if you don't curb your desires, if you don't consume less, the problem of hunger and poverty in the world will never be resolved".*

Luigino Bruni | Professor of Economy



You can cut this out and put it in your notebook or hang it in the kitchen...

COLOR a sandwich every time:

I shared something with someone or didn't waste food.

