

«I am the Resurrection and the Life»



When Jesus used the expression “I am ...” he is telling us that he is the one who possesses the most precious gift anyone can possibly desire: life itself, the life that does not die.

Right now, at this very moment, he is for all believers that divine, indescribable, eternal life that will never die. Of course, with these words, Jesus does not deny the reality of physical death.

He is simply saying that death does not mean the loss of true life. Death will always be for you, and for all, a unique, powerful and possibly frightening experience.



(Jn 11:25)

However, it will no longer mean that your existence was meaningless, that it was absurd, a failure, that this is the end of you.

When speaking to Martha in the episode of the resurrection of Lazarus, Jesus made clear that ‘those who believe in me, even though they die, will live.

To “believe” is something very serious and important because it means that you not only accept the truths announced by Jesus, but adhere to them with your whole being.

The teaching of Jesus is summarized in the word ‘love’. Saint John writes: ‘We know that we have passed from death to life because we love one another.’

(1Jn 3:14)

