



I'LL TAKE CARE OF YOU!

"I WAS SICK AND YOU VISITED ME"

THE WORKS OF MERCY PUT OUR HEARTS INTO ACTION



read

In the Gospel of Luke, chapter 10, verses 25-37, you can find the story of the good Samaritan. Jesus told this parable because someone had asked him: **"Who is my neighbor?"** What do you think Jesus wanted to tell us with this story?



ask

An hour of happiness

"How can we help our friends experience that the key to real happiness is giving of ourselves to others?"

This was the question that set us off on our new project called **«An Hour of Happiness»**. The idea is a very simple one. You have to try to make one person happy for at least an hour each month. We started with those we thought most needed to be loved, and **wherever we offered our time, doors seemed to open for us like magic!** Some of us, for example, took some elderly people in wheelchairs for a walk in the park. Others went to the hospital to play with the children who were sick. Others played sports with children who are physically challenged by some disability. They were all very happy, but just like the title says, we were every happier!

We invited our friends to join us. What was their reaction? **At first they were just curious, but when they too tried to make others happy, they agreed with us that when we give happiness, we experience it**

Teens4Unity | Heidelberg, Germany

Let's give **an hour of happiness** to a friend or someone in our family who is sick in bed in the hospital.

Color in a SECTION OF THE CLOCK every time you give one HOUR to be with someone who is suffering.

