

"Blessed are the pure of heart, for they shall see God" (Mt 5:8)

Jesus' beatitudes

were like an echo of the ones the disciples already knew. **But for the first time** they were hearing that those who are pure of heart are not only worthy of going up the mountain of the Lord, but that they will also see God.



What kind of sublime purity could merit so much?

First of all, Jesus says that there is one supreme means of purification. More than by practicing religious rites, his Word will purify us.

The **Word of Jesus** is not like human words. Christ is present in his Word. Through his Word, Christ enters within us and, provided we allow him to act, he frees us from sin and therefore, makes us pure of heart.



So purity is a fruit of living the Word,

living all the Words of Jesus which free us from being attached to anything. That inevitably happens when our heart is not focused on God and on his teachings.

These could be attachments to things, to people or to ourselves. But if our life is aimed at God alone, all the rest falls away.

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Parola di Vita

da un commento di Chiara Lubich
dalla Parola di vita di nov'99

abattamento Centro Internazionale Ragazzi per l'unità
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What can help me live purity?

During the day, it can be useful to say to Jesus, to God, the words of the Psalm that says:

"You, Lord, are my only good!"

Let's try to say it often, especially when we feel our heart is being dragged towards images, feelings and passions which can blur our vision of what is good and take away our freedom,

or when we feel like going to certain websites, watching TV programs that are not good for us, or looking at photos or video clips that we shouldn't.

No. Let's tell Jesus, "You, Lord, are my only good". Declaring our love for God will be the first step to get us out of ourselves, **and by doing so we will have gained in purity.**

Living the Word makes us free and pure because it is love...

The divine fire of love purifies our intentions and our whole inner self, because when the Bible talks about the "heart" it is referring to our intelligence and our will.

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...For they shall see God

These then are the fruits of purity, constantly re-acquired: we can "see" God, **that is, we can understand his action in our own life and in history; we can hear his voice in our heart;** we can discern his presence in the poor, in the Eucharist, in his Word, in fellowship, in the Church.

It is a foretaste of the presence of God that **already begins in this life**, "for we walk by faith, not by sight", but then "we will see face to face" for all eternity.