



«IF YOU ARE  
LED BY THE SPIRIT  
YOU ARE NOT SUBJECT  
TO THE LAW»  
(GAL 5:18)

We are  
Called  
to Build  
Relationships  
of Peace.



What does it mean  
to live the Law and  
be guided by the  
Holy Spirit?

The apostle Paul wrote:  
«**The whole law is summed up in a  
single commandment:  
You shall love your neighbor as  
yourself.**» (Gal 5:14).

If we let ourselves be  
guided by the Spirit of  
**God's Love, we will**  
discover true freedom.  
**Following Jesus' example,**  
we are called  
to love everyone,  
to be the first to love,  
to love the others as we  
love ourselves, and even  
to love our enemy.

«**It's love** that moves us  
to action, gives us ideas of  
how to respond to different  
situations and helps us  
make the choices we are  
called to make.

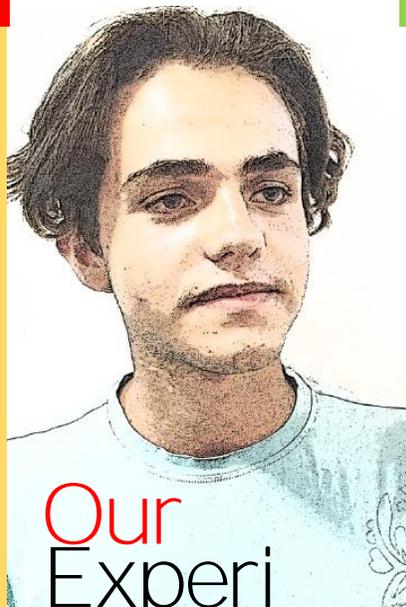
**It's love** that teaches us  
how to distinguish between  
good and evil, so we can  
say, 'This is good, I'll do it,  
this is bad, I won't do it.'

**It's love** that urges us  
to act for the good of other  
people. We are not led by  
someone outside of us, but  
rather by the Holy Spirit  
who is in our hearts and  
who instills in us the law of  
a new life.

**Love unifies our  
heart, mind, strength  
and all our talents so that  
we can 'walk in harmony  
with the Holy Spirit' and  
serve God's plan for each of  
us and for society. We are  
free to love<sup>1</sup>».**

**Chiara Lubich**

**THE LOVE THAT COMES  
FROM GOD URGES US TO  
ACT RESPONSIBLY -  
IN OUR FAMILY,  
AT SCHOOL,  
WITH OUR FRIENDS,  
EVERYWHERE.**



## Our Experiences:

I would like to share an  
experience that I am still  
living now.

I am the second of five  
children. I received a good  
solid Christian education.  
Every Sunday, my whole  
family went to Mass  
together.

However, things did  
not always go well in  
my family, which  
probably happens in  
a lot of families, and  
a couple of years  
ago, my dad left us.

Ever since he left  
home, I never  
managed to talk to  
him.

ONE DAY MY TEACHER  
GAVE US A LEAFLET. IT  
WAS THE WORD OF LIFE.  
IT SPOKE ABOUT LOVING  
ONE ANOTHER.

When I got home, I  
re-read what it said, trying  
to understand how I could  
live it and be  
a person who  
brings peace to  
others.

*The hardest thing  
about living it was  
certainly the  
relationship with my  
dad.*

The fact that my parents  
separated had been a very  
big blow for me.

I felt that I would never  
be able to forgive him on  
my own and so I went to  
church and asked Jesus  
to help me to love my  
dad. I went home, picked  
up the phone and called  
him.

I made a huge effort not  
**to judge him, and didn't**  
say anything about the  
separation. I just wanted  
it to be a nice  
conversation.

When we finished the  
phone call, I felt great  
peace in my heart!



The pain  
**hasn't gone away,**  
because the  
situation is the  
same – my parents  
are still separated.

But I understood  
that every little  
gesture of love for  
the person next to  
me is a small step  
toward bringing  
peace to the world.

**Rafael from Brazil.**