



In many parts of the world, war is tearing apart families, tribes and whole nations. Innocent people are killed or wounded. Gloria, who is 20 years old, tells her experience:

"We heard about a village that had been set on fire and totally destroyed. Many of the people lost everything they had. My friends and I collected things that were essential for them, like mattresses, clothes and food. It took us eight hours to drive to that town where we saw all those people in a state of desperation. We listened to them, cried with them, hugged them and tried to comfort them. One family told us: 'Our little girl was in the house they burnt down. It felt like we were dying with her. Now, through your love, we have the strength to forgive the men who did this!""

What did I do to offer friendship and forgiveness to others?