

Let's live
like this!

*A ball and
many friends*

Chris (Germany)

One day, I was on my way to the store to buy something for myself.

I met a group of young immigrants who had been living next door to me for the last two months.

A few days earlier I had met one of them on the train. He was the one who spoke to me that day, and asked if I could lend them a soccer ball.

He said they wanted to play soccer, but their ball was broken and they didn't have the money to buy a new one.

I thought for a moment and then decided to use the money I had intended for my personal shopping. I went with them to the store and we bought a ball. Then I got some of my friends and we had a soccer match! It was a very good game. My team lost, but I won a lot of new friends!

In fact, we are all good friends now, and one of them is playing with us on our city-wide team.



I COMMIT TO
LISTENING

TO THE VOICE OF
MY CONSCIENCE

WORD OF LIFE | 06

«Martha, Martha, you are worried and distracted by many things; there is need of only one thing.»
(Lk 10, 41-42)

Jesus liked to stop and rest at the house of his friends, Martha, Mary and Lazarus. Martha was very organized and energetic, a strong woman with great faith.

As the head of the house, she was probably getting everything ready to make Jesus feel at home. Mary, her sister, instead of helping, was sitting there listening to what Jesus was saying.

Martha got a little upset and told Jesus to ask her sister to help her. Jesus answered her by saying:

«Martha, Martha, you are worried ...»

Jesus did not reproach Martha for *doing* many things, but for her anxiety and concern about not getting everything done. She wasn't free – she had become a slave to her concerns.

Doesn't this happen to us, too? Sometimes we get lost in a thousand things to do. We are drawn to and distracted by the internet, chatting, texting.

Even important commitments can occupy our minds and distract us, making us forget to be attentive to others, to listen to the person right next to us. **Like Martha, we are asked to do "many things," but we should always do them out of love.**

"I will train myself to listen to that little voice that speaks in my heart."

The only thing that matters, the only thing we need, is to become Jesus' friends. **To let him live in us, being attentive to what he suggests with his gentle voice that directs us moment by moment.** In this way *he* will be the one who guides us in everything we do.

Then even though we do "many things," we won't be distracted or side-tracked, because by following Jesus' words we will be moved by love alone. **In everything we do, we will always be doing just one thing: loving!**

"At the end of each action, the only thing that remains is how much love we put into it."