

One day, I was on my way to the store to buy something for myself. I met a group of young immigrants who had been living next door to me for the last two months.

A few days earlier I had met one of them on the train. He was the one who spoke to me that day, and asked if I could lend them a soccer ball.

He said they wanted to play soccer, but their ball was broken and they didn't have the money to buy a new one.

I thought for a moment and then decided to use the money I had intended for my personal shopping. I went with them to the store and we bought a ball. Then I got some of my friends and we had a soccer match! It was a very good game. My team lost, but I won a lot of new friends!

In fact, we are all good friends now, and one of them is playing with us on the city-wide team.



Jesus liked to stop and rest at the house of his friends, Martha, Mary and Lazarus.

As head of the house, Martha was getting everything ready to make Jesus feel at home. Mary, her sister, instead of helping, was sitting there listening to what Jesus was saying.

Martha got a little upset and told Jesus to ask her sister to help her.

Well, I would complain, too!

Instead. Jesus told her:

«Martha, Martha, you are worried and distracted by many things; there is need of only one thing.» (Lk 10, 41-42)

Why did he scold her?

Jesus didn't scold Martha for doing many things, but because she was so worried and anxious about her work.

That happens to us, too! We can be so occupied with the internet, our cellphone, by what we are doing... and forget the people around us, not listening to the person right next to us.

Do you have a "trick" to help me not to forget?

If we listen to the little voice of Jesus in our hearts, he will direct us moment by moment. He'll help us, so that in everything we do, we'll remember to always put love first!

Color in a loudspeaker!

Every time I listen to the little voice that urges me to do an act of love for others.

