



WORD OF LIFE



An unexpected meeting

«I was walking home from school when I saw a girl crying desperately by the side of the road.

I thought, "I wonder what happened to her?" Without a moment's hesitation I went over and asked if I could help in any way.

She looked up at me and, still sobbing, started to tell me her story.

When she was very little, her mom had died. This loss was so painful that she felt her life had no meaning. As I listened to her, I decided to forget all I had planned to do, and just stay with her and love her - to concentrate only on her.

We kept talking and then I told her something about myself. When I was three years old, I also lost my mom. It took me a while, but then I understood that my life couldn't just stop because of this pain. I had discovered that I had a Father, God, who loves me immensely.

This love of his has filled up all the empty parts of my life!

I told her how I was trying to respond to God's love by loving others. My new friend was so happy that she kept thanking me, and when we parted, she looked like a different person.

This unexpected meeting was very important for me.

I saw that my experience with Jesus, who is my best friend, not only made me happy, but also made me capable of giving this happiness to others.»

Beatriz Estrela (from Angola)



CODE OF LIFE

«Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you.» (Jn 6:27)

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The Word of Life for this month doesn't emphasize one particular aspect of Jesus' teaching (for example, forgiving others when they offend us, or being detached from wealth, etc.). Instead, it leads us to the very root of Christian life, that is,

our personal relationship with Jesus

When we are determined to live the words of Jesus, and especially his commandment to love others, which sums up all the words of God and all his commandments, we begin to notice that, at least in some small way, Jesus is the "bread of our lives. He is the one who fulfils every desire we have in our hearts, he is the source of our joy, of our light.

Putting the word of God into practice, we experience that it **really is the answer to all the problems of humanity and the world.**

Jesus is the "bread of life" and he gives the supreme gift of himself in the Eucharist.



The Eucharist occupies a very important place in our life.

Those of us who have had this stupendous experience can't keep this discovery to ourselves! Just like Jesus urges us to obtain the "bread of life," we too want to **help others to find in Jesus everything they have been searching for.**

This is an enormous act of love for our neighbors, because in this way they get to know what real life is, the life that will never die. **What more could anyone possibly want?**



IN ACTION

Mark down the HOURS you dedicate to other people:

88	88
88	88
88	88
88	88
88	88
88	88

ADD up the hours...

88

.....COMPETE with your FRIENDS, sharing your experiences with each other, and see who has the highest SCORE!

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